

# RAA

Kids car seats can be very tricky. We are lucky to have an expert from the RAA come to the centre to ensure car seats have been installed correctly.



**Please register your details for information on dates and times.**

*Booking Essential*

**Wednesday 16 August 2017 12.30pm to 2.30pm**

# KIDS LUNCH BOX IDEAS

# DADs

**M** 1 AUG TILL  
**A** 12 SEP 2017  
**T** 5pm to 7pm

**T** Covering a range  
**E** of topics to give  
**R** fathers the tools  
to raise great  
kids.

Facilitated by  
Aaron



Many hands make magic at  
Family Zone....  
Are you able to share a couple of  
hours once a week, once a month or  
when you can?

While we support the community, we need support from the community to keep Family Zone running smoothly. We need people to help with:  
\*Crèche \*Home visiting \*Home work club (listening to children read) \*Sorting donations \*Cooking \*Breakfast Club \*Gardening \*Handyman duties \*Playgroup Support \*Boys Club

Volunteers are supported with on-going training and out of pocket travel expenses. Volunteers are quickly drawn into the Family Zone family and are recognised as an important part of the team.

**find us on facebook**

The Family Zone Hub provides a variety of programs designed to help increase the confidence and skills of parents with young children. All our activities are FREE unless otherwise specified and crèche is available on site, while you attend our programs, courses and groups.

### WHERE TO FIND US:

Family Zone Hub  
Corner of Montague and Belalie Roads Ingle Farm  
(on Ingle Farm Primary School grounds)  
*Follow the purple paw prints*



# term 3 2017

Tel: 08

8349 6099

Email: [inglefarm@lccare.org.au](mailto:inglefarm@lccare.org.au)

Corner of Montague and Belalie Roads Ingle Farm  
(on Ingle Farm Primary School grounds)



# WEEKLY Program



Commencing Monday 10 JULY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>TAFE ENGLISH CLASSES</b> 9.30am - 12.30pm Enrol through TAFE ESL 8226 6555	<b>BREAKFAST CLUB</b> 8.00am - 9.00am Providing breakfast to students at school. <i>Sponsored by Kick Start and LCC</i>	<b>BREAKFAST CLUB</b> 8.00am - 9.00am Providing breakfast to students at school. <i>Sponsored by Kick Start and LCC</i>	<b>BREAKFAST CLUB</b> 8.00am - 9.00am Providing breakfast to students at school. <i>Sponsored by Kick Start and LCC</i>	<b>SUPPORTED PLAYGROUP</b> 9.30am - 11.15am Activities including crafts, singing, sensory play and lapsit reading. Gold Coin Donation <i>Supported by LCC</i>	<b>DADS PLAYGROUP</b> 9.30am - 11.30am Fortnightly  1 Jul 15 Jul 29 Jul 12 Aug 26 Aug 9 Sep 23 Sep 7 Oct 21 Oct 4 Nov 18 Nov 2 Dec  Encouraging Dads to come along with their children and connect with other Dads.  <i>Supported by C4C &amp; LCC</i>
<b>MOVE AND GROOVE</b> 10.00am - 11.00am Music, movement and fun for children and parents. <i>Supported by LCC</i>	<b>TAFE ENGLISH CLASSES</b> 9.30am - 12.30pm Enrol through TAFE ESL 8226 6555	<b>TAFE ENGLISH CLASSES</b> 9.30am - 12.30pm Enrol through TAFE ESL 8226 6555	<b>MIDDLE EASTERN WOMENS GROUP</b> 9.30am - 12.00pm Women and children who speak Dari, Farsi, English, Arabic and Persian. <i>Supported by LCC</i>	<b>CIRCLE OF SECURITY</b> 10.00am - 12.30pm 4 AUG TILL 29 SEP  Join us as we explore the emotional world of children and parenting. Mums and dads with children aged 0 -12 years welcome. Held at Salisbury Uniting Church. <b>CALL TO BOOK</b>	
<b>CRAFTY MONDAYS</b> 12.30pm - 2.30pm <i>We will be running specialised crafting workshops including crocheting, knitting, sewing and jewellery making.</i> <i>Supported by LCC</i>	<b>SUPPORTED PLAYGROUP</b> 9.30am - 11.30am Activities including crafts, singing, sensory play and lapsit reading. Gold coin. <i>Supported by LCC</i>	<b>MULTIPLE BIRTH SUPPORT &amp; PLAYGROUP</b> 9.30am - 11.30am Join other parents of twins and triplets each week. <i>Supported by LCC</i>	<b>BABY MASSAGE</b> 10.30am - 12.00pm <b>Expressions of interest</b> <i>Supported by Relationships Aust</i>		
<b>BEING WITH BABY and PREPARING FOR BABY</b> Support and new skills for women experiencing postnatal and prenatal depression.  Contact Kathlene for referrals <i>Supported by C4C &amp; LCC</i>	<b>HOMework CLUB</b> 3.00pm - 4.30pm Homework support opened for all primary age students. <i>Supported by LCC</i>	<b>CONVERSATIONAL ENGLISH</b> 10.00am - 12.00pm An opportunity to practice English in a friendly place. <i>Supported by LCC</i>			
<b>EMERGENCY RELIEF</b> Available to meet family needs. Talk to Kathlene or support worker staff to organise support.  <i>Supported by LCC</i>	<b>PAPERWORK AND RESUME SUPPORT</b> 9.00am - 12.00pm Book an appointment to get help filling out paperwork such as citizenship, visas and resumes. <i>Supported by LCC</i>	<b>BOYS CLUB</b> 3.00pm - 4.30pm Learn some new skills <i>Supported by LCC</i>			
	<b>OFFICE HOURS</b> Monday to Thursday 9.00am - 5.00pm Friday 9.00am - 4.00pm <i>On occasion the centre may close earlier due to shortage of staff.</i>	<b>FINANCIAL COUNSELLING</b> Book an appointment with our qualified financial counsellor. Consulting each week. <i>Supported by LCC</i>			

Activities and crèche are **FREE** unless otherwise specified. Crèche is available for children under 5 years, on site while you attend programs.

